



JUST THE FACTS

SUPPORTING EVIDENCE FOR LONG-TERM ADDICTION TREATMENT

The supporting evidence from national studies indicate that a high-quality long-term treatment program like Burning Tree Ranch yields the most positive, lasting recovery outcomes.



"Research has shown unequivocally that good outcomes are contingent on adequate treatment length... participation for less than 90 days is of limited effectiveness, and treatment lasting significantly longer is recommended for maintaining positive outcomes."

National Institute on Drug Abuse ¹

"The length of time in treatment is a very important correlate of outcome; that is, longer treatment episodes yield better outcomes than shorter ones."

Institute of Medicine (US) Committee for the Substance Abuse Coverage Study ²



"Several studies have shown that longer time spent in treatment was associated with better outcomes in terms of decreased substance use, as well as a reduction in post-treatment readmission and relapse rates."

Journal of Social Science & Medicine ³



Sources:

1 – National Institute on Drug Abuse. (2014). Principles of Drug Addiction Treatment: A Research-Based Guide (Third Edition). U.S. Department of Health and Human Services, National Institutes of Health. <https://archives.nida.nih.gov/sites/default/files/podat-3rdEd-508.pdf>

2 – Institute of Medicine (US) Committee for the Substance Abuse Coverage Study, Gerstein, D. R., & Harwood, H. J. (Eds.). (1990). Treating Drug Problems: Volume 1: A Study of the Evolution, Effectiveness, and Financing of Public and Private Drug Treatment Systems. National Academies Press (US). <https://www.ncbi.nlm.nih.gov/books/NBK235506/>

3 - Beaulieu, M., Tremblay, J., Baudry, C., Pearson, J., & Bertrand, K. (2021). A systematic review and meta-analysis of the efficacy of the long-term treatment and support of substance use disorders. *Social Science & Medicine*, 285, 114289. <https://doi.org/10.1016/j.socscimed.2021.114289>

